

WHO TO CONTACT

If you are suffering from domestic violence, do not suffer alone in silence and shame. **Speak out** about your pain and change your situation.

Domestic violence is a breach of your human rights and a global concern for all of humanity.

You can contact the following agencies for assistance to make tomorrow a brighter day for yourself and your children.

Police

Central Police Station, Victoria, Mahé
Tel: **288000**

Probation Services

Oceangate House, Victoria, Mahé
Tel: **281500**

Horizon Complex, Baie Ste Anne, Praslin
Tel: **232027**

Family Tribunal

Room 105, Victoria House, Victoria, Mahé
Tel: **322223**

Room 10, Horizon Complex, Baie Ste Anne, Praslin
Tel: **232838**

Ministry of Health

Victoria Hospital, Mahé
Tel: **388000**

Baie Ste Anne Hospital, Praslin
Tel: **232333**

Logan Hospital, La Digue
Tel: **234255**



GENDER SECRETARIAT

Social Development Policy Division
Ministry of Health and Social Development
P.O. Box 190
Victoria House,
Mahé, Seychelles
Phone: 281841 / 281660

Find out more on our website!

www.genderseychelles.gov.sc

16 Days of Activism Against Gender Violence

25th November – 10th December 2008



Gender equality is a democratic principle articulated in our Constitution and a basic human right.

Psychological abuse
Violence: not just physical
Emotional abuse
Sexual abuse

DOMESTIC VIOLENCE

Human rights abuse

NOT a private issue to be hidden behind closed doors.

Social problem

Crime

Common assault (including threats of violence)
= up to **2 years imprisonment.**

Assault resulting in actual bodily harm
= up to **7 years imprisonment.**

Rape incl. Spousal Rape
= up to **20 years imprisonment.**

Gender Secretariat

Ministry of Health and Social Development

INTRODUCTION

The **National Strategy on Domestic Violence 2008-2012** launched by the **Ministry of Health and Social Development**

is aimed at *improving* and *integrating* the different services related to domestic violence.

Research:

As part of the National Strategy, the Gender Secretariat conducted a national survey on the extent, causes and consequences of domestic violence in Seychelles.

Research findings suggested that domestic violence affects **equal numbers of both men & women**

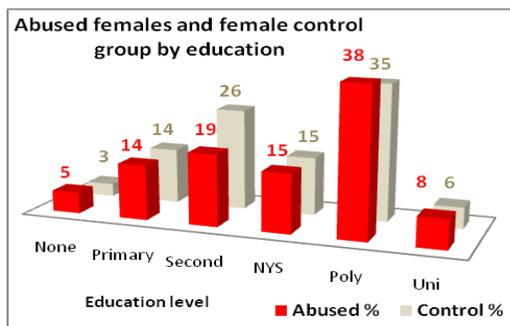
But has **different consequences** for women than men

For example: **33%** of women suffered from aches and pains as a direct consequence of violence incidents compared to only **16%** of men.

Moreover **violence may be functional** as: **17%** of women reported bruises to the face compared to only **6%** of men.

Statistical analysis comparing respondents who experienced severe physical violence (**abused group**) to respondents who never experienced any form of domestic violence (**control group**) revealed **risks factors** of domestic violence:

Educated women are **also** victims of severe physical violence.

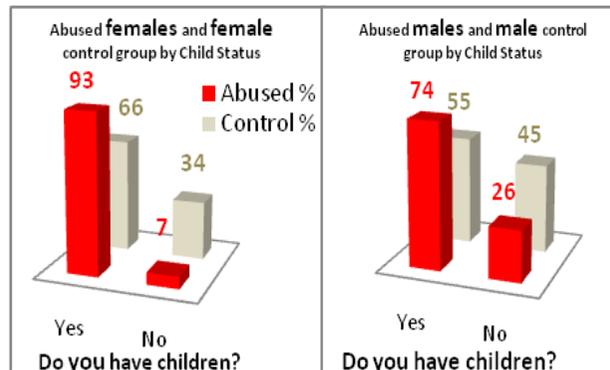


45% of men and women reported the onset of domestic violence in their 20's.

FIGURES SPEAK LOUDER THAN WORDS

Married couples are **LESS** at risk of domestic violence, while **co-habiting unmarried women (34%)** and men (**47%**) are significantly **MORE** at risk of being a victim of severe violence, compared to the control group.

Having children **INCREASES** the risk of serious domestic violence for both men and women.



Economic empowerment **does NOT** protect against domestic violence. **72%** of women and **69%** of men who suffered severe physical violence were employed full-time, compared to **55%** and **52%** of the respective control groups.

Your beliefs shape your reality

Victims of severe physical violence are **more likely** to see domestic violence as a *private issue*; with **70%** of victims compared to **58%** of the control group saying they would not intervene in an incident because they think its a private issue.

The division of labour in a relationship (*cooking, cleaning, gardening, food shopping and caring for pets*) is **MORE** rigid for women who have experienced severe physical violence compared to the control group.

Victims of severe physical violence are responsible for **MORE** household costs than abusive partners; with **60%** of female victims and **58%** of male victims spending *all or most* of their income on household costs, compared to just **31%** of their abusive partners contributing the same amount.

1/4 women who experienced any form of domestic violence admitted that their abusive partner drank alcohol very often.

The **main** reasons stopping respondents from seeking help:

Women	Men
Embarrassment	Love
Love	Embarrassment
Low expectation of a worthwhile outcome	Loneliness

Support is available

Decide to change your situation

End the cycle of violence

51% men and **54%** women who had experienced serious domestic violence **chose to leave** their abusive partner after seeking help.